

## IFIO Basic Training for New Couple Therapists

...is an experiential model of couples therapy that draws primarily from the Internal Family Systems (IFS) model of psychotherapy, which also includes aspects of psychodynamic therapy, systems thinking, neuroscience and mindfulness practices. This model was born out of a desire to carry the concepts of IFS into a relational setting and to use the intimate relationship itself as a vehicle for growth and healing of the individual, as well as the couple. This 72-hour clinical training helps therapists enhance their knowledge and skills, facilitating relational work with couples and with individuals. Learn to work successfully with common difficulties in couples therapy. In this training, IFS therapists become skilled at working with the extreme impulses of protective parts, facilitating interpersonal and intrapsychic work, and assisting couples to communicate well and deepen heartfelt connection.

This particular training is geared for the therapist or practitioner who does not currently work with couples (or is brand new) and is interested in receiving basic training with the intention of working with couples or deciding if they want to work with couples.



### Lead Trainer

**Ann Drouilhet LICSW, LMFT (she/her)** is an Internal Family Systems (IFS) Certified Therapist, and IFIO Trainer and an Approved Supervisor for AAMFT. Ann has a private practice in Framingham, MA where she works with couples, families and individuals. She has been practicing, supervising and teaching IFIO since 2010. She specializes in treating couples struggling with betrayal, addiction and ADHD.

### Assistant Trainer

**Sallie E. Ingle, MA LPC-S (she/her/hers)** is an Internal Family Systems (IFS) therapist and teacher in private practice outside Austin, Texas. She and her wife Tammy maintain the Wind Horse Hill retreat center in Spicewood, TX. They specialize in hosting events that focus on healing through the IFS and Intimacy From the Inside Out (IFIO) modalities. "The IFS and IFIO Self-led practice of welcoming parts, listening deeply and reconnecting through corrective experiences has changed my life personally and professionally. It is a pleasure and an honor to learn and teach with others dedicated to this transformational art."



# IFIO Basic Training - online for New Couple Therapists (NCT) IFS Level 2 #1268 - Jan - May 2025

## Training Days, Dates and Time (US EST)

Fri, Jan 31 | 1pm - 5:15pm - Preliminary day  
Fri, Feb 7 - Sun, Feb 9 | 10am - 5pm - Module 1  
Fri, Feb 21 | 1pm - 5:15pm - Review/Practice  
Fri, Mar 7 - Sun, Mar 9 | 10am - 5pm - Module 2  
Fri, Mar 21 | 1pm - 5:15pm - Review/Practice  
Fri, April 4 - Sun, April 6 | 10am - 5pm - Module 3  
Fri, May 2 - Sun, May 4 | 10am - 5pm - Module 4

## Breaks

\*Preliminary Day & Review/Practice Days - (1) 15 minute break  
\*Module weekends - (1) 90 long break and (2) 15 minute breaks

## Continuing Education

72.00 Contact Hours | IFS Level 2

## Training Prerequisites

- Completion of IFS-I or CCSU's Internal Family Systems Level 1
- Non or New Practicing Couples Therapists/Practitioners

## Instructional Methodology

Lecture, demonstration, audio/visual, experiential practice of techniques, large and small group discussion.

## Application Process

- Complete application [located here](#)
- You will be notified via email from Keri Kelly of your training acceptance within (1) month of your application submission.
- A \$300 non-refundable/non-transferrable deposit will be due within (1) week of acceptance to secure your spot.
- If not accepted, your name will be put on a waiting list + you will be contacted when/if a training spot becomes available.

## Tuition Cost: \$3,200

\*includes a Digital IFIO Basic Training Manual and pre-training content.

## Tuition Payments & Schedule

**\$300 non-refundable/non-transferrable deposit due within (1) week of** acceptance to secure your training spot.

## 1st Installment due

August 7, 2024 - \$1,450

## 2nd Installment due

November 7, 2024 - \$1,450

Tuition can be paid at once or in accordance with the aforementioned payment schedule. Locate the training on the [IFIO website](#) and the corresponding Enter Payment portal.

## Cancellation Policy

1st and 2nd installments are non-refundable once the due date has passed. Credit or Refunds are at the discretion of IFIO for extenuating circumstances.

## IFIO Scholarships

- Training Scholarships are centered on BIPOC therapists, people in marginalized communities, or those who work with marginalized clients. Click here to [apply](#).

**Direct all questions to Keri Kelly**  
[intimacyinsideout@gmail.com](mailto:intimacyinsideout@gmail.com)

# Important Information regarding Continuing Education (CE) Credit

This program is co-sponsored by Toni Herbine-Blank, MS, RN, and The Institute for Continuing Education. Continuing education credit is offered for the professional disciplines listed below. The training offers a total of 72.00 contact hours, with full attendance required. Partial credit is not offered. The CE processing fee is \$60.00 per person. Application forms and other CE materials will be made available to participants. CE verification is mailed to participants following completion of the training.. If you have questions regarding the training, continuing education, learning objectives, detailed agenda for each day, or program faculty, please contact The Institute for Continuing Education at: instconted@aol.com.

**Psychology:** The Institute for Continuing Education is approved by the American Psychological Association to sponsor continuing education for psychologists. The Institute for Continuing Education maintains responsibility for this program and its content.

- New York: The Institute of Continuing education is recognized by the New York State Education Department's State Board of Psychology as an approved provider of continuing education for licensed psychologists #PSY- 0043.

**Counseling:** For counselors seeking CE credit, The Institute for Continuing Education will make a co-sponsorship application to NBCC for this program. The website will be updated regarding accreditation.

- New York: The Institute for Continuing Education is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. Provider MHC-0016.

**Social Work:** Application for social work continuing education credits has been submitted. This website will be updated regarding accreditation.

- New York: The Institute for Continuing Education is recognized by the New York State Education Department's State Board of Social Work as an approved provider of continuing education for licensed social workers, Provider SW-0025.
- Ohio Board Social Work, Provider RCS 030001
- Illinois Dept. Professional Regulation, Provider 159-000606.

**Marriage-Family Therapy:** The Institute for Continuing Education, Provider 56590, is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs. The Institute for Continuing Education maintains responsibility for this program and its content. This Course meets the qualifications for continuing education credit for LMFTs, LCSWs, LPCCs, as required by the California Board of Behavioral Sciences.

- New York: The Institute for Continuing Education is recognized by the New York State Education Department's State Board for Marriage-Family Therapy as an approved provider of continuing education for licensed Marriage-Family Therapists, Provider MH-0012.

**Non U.S. Professionals:** The Institute for Continuing Education holds no provider status with licensing/certification boards outside the United States. It is your responsibility to check the regulations of your licensing board to determine CE requirements for your profession.

**NOTE:** To receive continuing education credit, applicants must complete all CE materials within 30- days of conclusion of each workshop segment.

**NOTE:** It is the responsibility of the attendee to determine if CE credit offered by The Institute of Continuing Education meets the regulations of their state licensing/certification board.